

Gastroscopy (OGD)

PLEASE
BRING THIS
BOOKLET WITH
YOU ON THE
DAY OF YOUR
ADMISSION



BLACKROCK
HEALTH

BLACKROCK CLINIC

Better Together

Consent

You are asked to read the information contained in this leaflet. Sign the attached consent form to show that you understand the examination and **bring it with you on the day of your examination**. The consultant performing the test will answer the questions you may have and you may change your mind at any time.

What is a Gastroscopy (OGD)?

A Gastroscopy is a procedure that allows the Consultant to look at the lining of the oesophagus, stomach and first part of the small bowel (duodenum). A long flexible tube/scope (thinner than your finger) with a light and a camera inside is passed through the mouth into the oesophagus, stomach and duodenum. The procedure can take between 5-15minutes. A biopsy may be taken if indicated. This will cause you no pain.

Risks

Complications of this procedure are extremely rare however can include perforation (tear), haemorrhage (bleeding) or reactions to medications. These complications may require urgent medical treatment or surgical intervention (operation) and can carry risk to life and health.

Medications (tablets)

You may continue to take essential medication.

If you are taking anticoagulants (blood thinners) such as Warfarin, Plavix, Aspirin, Eliquis or Pradaxa you should seek/receive specific advice from the doctor when the test is being organised.

If you have any concerns about your diabetes you should contact the Unit for advice before you attend for your test.

PREPARATION FOR THE EXAMINATION

- The scheduling of your appointment is an approximate estimate and unfortunately there can be unforeseen delays
- Food may be taken up to six hours prior to admission unless also having a colonoscopy
- Water can be taken up to two hours prior to admission
- Bring with you details of private medical insurance and check with your insurance company before your admission to confirm your level of cover
- If you have a referral from your Doctor, present this to the secretary on arrival
- Bring a list of current medication
- Do not bring jewellery or large sums of money
- If under 16 years you must be accompanied by your parent or guardian who is required to give written consent
- You will have sedation for this procedure so you must be accompanied home
- You will not be allowed to take a taxi home alone

Prior to the Procedure:

The options below will be discussed with you:

Option 1: No Sedation

You will be given a local anaesthetic spray to numb the back of your throat to ease the passage of the scope.

Option 2: Sedation

You will be given an intravenous injection into a vein to make you feel relaxed and sleepy, but not unconscious. This is not a general anaesthetic.

During the procedure:

- A nurse will be with you at all times
- You will be asked to lie on your left
- A nurse will place a plastic mouth piece between your teeth to protect them and to prevent you from biting the scope
- The doctor will administer throat spray and/or sedation
- A monitor will be placed on your finger to assess heart rate and oxygen levels
- The gastroscop is passed through your mouth
- You may breath normally throughout the procedure
- Air is passed into your stomach which may make you belch a little
- When the procedure is finished the gastroscop is removed

Special Requirements

If you use a wheelchair or have a physical or any other disability please contact us to let us know in advance so that we can ensure you receive the appropriate supports.

FOLLOWING THE EXAMINATION

- Further tests may be requested by the Consultant. These tests may be completed on the same day of your examination or a future appointment date will be given.
- If you have not received sedation you will be given a light snack one hour post procedure, and may go home as soon as follow up instructions have been discussed with you. You may resume all normal activities immediately.
- If you have received sedation you will be observed in the day ward until the effects of the sedation have worn off. The intravenous cannula will be removed from your arm before you go home. When you have sufficiently recovered you will receive a light snack

DISCHARGE INFORMATION

You may experience minor discomfort such as a sore throat or bloating post procedure. These usually settle within 24 hours. Your nurse will advise you of further instructions or follow up pre discharge.

IF YOU HAVE HAD SEDATION YOU MUST NOT DRINK ALCOHOL, DRIVE OR SIGN A LEGAL DOCUMENT UNTIL THE FOLLOWING DAY

YOU MUST BE ACCOMPANIED HOME

Important

Seek medical attention immediately if:

- **You begin to vomit, have black bowel motions or rectal bleeding**
- **You develop severe nausea, vomiting or abdominal pain**

Endoscopy Unit Contact Details

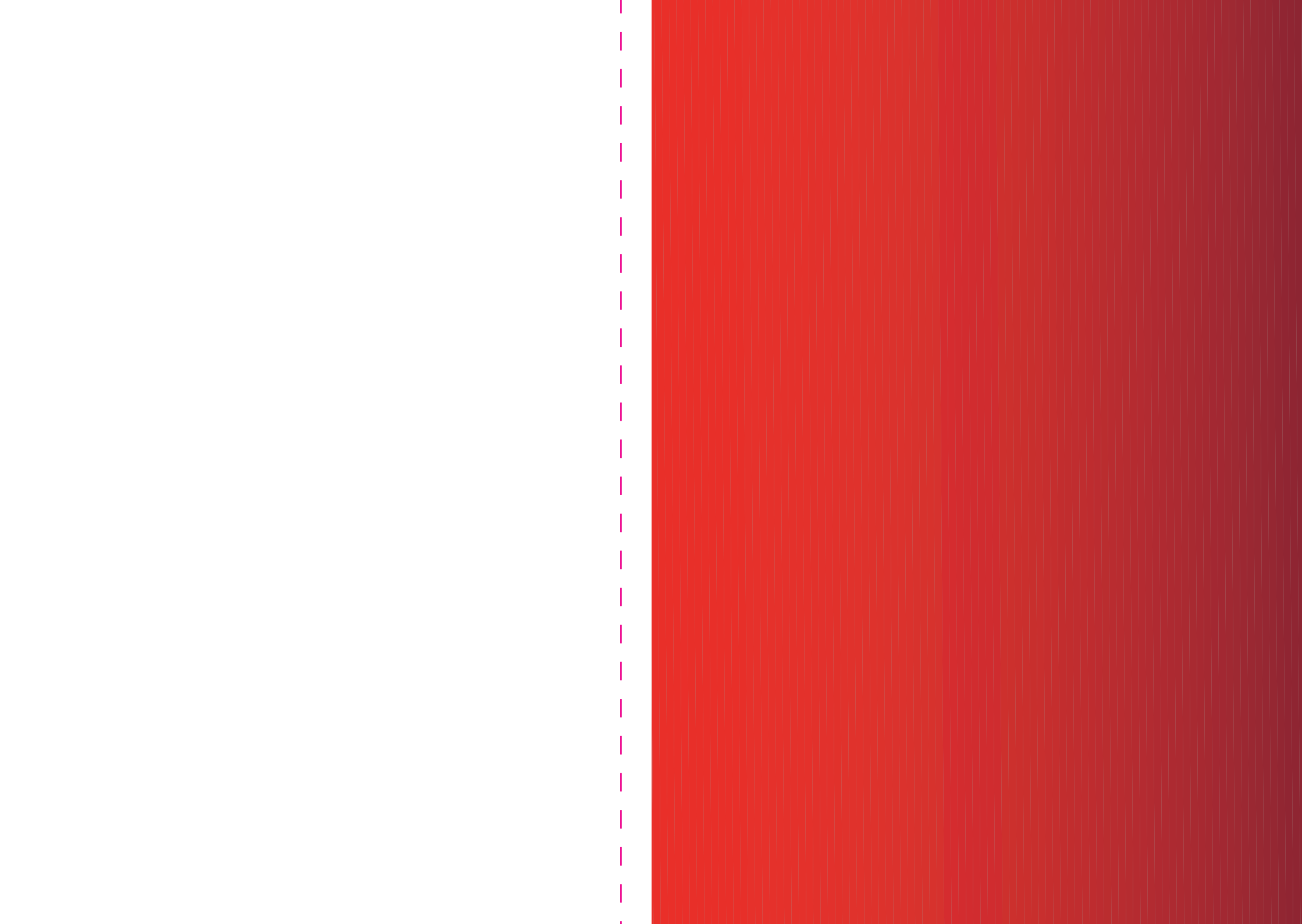
If you require any other information or if for any reason you cannot attend the scheduled appointment please contact:

(01) 206 4326 / 206 4327

Mon-Fri 07.00 – 20.00

Outside these hours call the nurse in charge via the main reception on:

(01) 2832222





BLACKROCK
HEALTH

BLACKROCK CLINIC

Blackrock Clinic
Rock Road, Blackrock,
Co. Dublin A94 E4X7
Tel : 01 283 2222

www.blackrock-clinic.com

JUN2022 FP7090