

**DATA REQUIRED FOR  
PRE-CERTIFICATION FOR PET SCANNING**



**I UNDERSTAND THAT PET SCANS ARE SUBJECT TO PRE-CERTIFICATION BY VHI AND I AUTHORISE THE DOCTORS/HOSPITALS TO SUPPLY THE INFORMATION REQUESTED, INCLUDING ACCESS TO MY HOSPITAL/MEDICAL RECORDS, IF REQUESTED.**

Date: \_\_\_\_\_

\_\_\_\_\_  
**Signature of Patient or Parent/Legal Guardian**  
(on behalf of a dependant under 18 years at the time of signing)

**A. Essential Pre-certification Information**

*Questions 1 – 21 must be completed in full*

1. PET scan facility name

2. Subscriber's name

3. Patient's name

4. Patient's date of birth

5. Address

6. Membership number

7. Plan type

8. Name of referring consultant:

Vhi Doctor Code:

\_\_\_\_\_

\_\_\_\_\_

9. Name of referring hospital:

Vhi Hospital Code:

\_\_\_\_\_

\_\_\_\_\_

10. In-patient

Yes

No

**For Office Use Only:**

Indication Code: \_\_\_\_\_

Yes

No

Notes: \_\_\_\_\_

**Conditions of Payment for PET (Positron Emission Tomography)/PET-CT Scan**

**1. General conditions of payment**

Benefit is subject to the following conditions of payment which must be satisfied before benefit becomes payable:

- Prior approval must be sought from Vhi Insurance
- The member is referred for a PET-CT scan by a Vhi Insurance registered Consultant
- The PET-CT scan is carried out at a PET-CT facility approved by Vhi Insurance for the purposes of providing benefit for our members
- The PET-CT scan is carried out for one of the approved clinical indications listed below.

**2. Specific conditions of payment**

- A. Benefit for PET-CT scans is limited to PET-CT scans that, in the opinion of our Medical Director, satisfy the specific clinical indications outlined below, that is except as provided for in G below.
- B. Benefit is for 18F-FDG PET-CT scans, unless otherwise specified.
- C. Benefit for staging scans will be provided for the indications as specified below when the cancer is biopsy proven.
- D. Benefit for re-staging will be provided for the indications as specified below (unless otherwise limited by the specific clinical indication):
  - (i) after completion of treatment to detect residual disease
  - (ii) to determine the extent of a known recurrence or
  - (iii) where a recurrence or metastases are strongly suspected in symptomatic patients who have been identified as having a definitive clinical abnormality, either on clinical examination or as a result of other relevant investigations that is consistent with a recurrence of a previously diagnosed cancer.
- E. Benefit is not provided for PET-CT scans performed for the purpose of diagnosis of a medical condition, or for monitoring response to treatment during the planned course of therapy, unless specified in one of the clinical indications below, or after 2 cycles of treatment in lymphoma if the information provided will be used to alter patient management.
- F. Benefit is not provided for PET-CT scans performed for routine/planned follow up of asymptomatic patients.
- G. In exceptional circumstances, and when agreed by our Medical Director, benefit will be provided for uncovered oncology indications when recommended by the MDT and when all other relevant investigations have failed to resolve management issues. Such applications must be accompanied by a detailed medical report from the referring doctor outlining the reason for the request, the results of all investigations performed and how any additional information provided by PET-CT will alter patient management. The date of, and attendees at, the MDT must also be provided. The oncology MDT must comprise at least one consultant from a minimum of three of the following specialties – Medical Oncology, Radiation Oncology, Surgical Oncology, Diagnostic Radiology and Pathology. Benefit in these circumstances is limited to a single scan and follow-up scans will not be eligible for benefit unless they satisfy one of the specific clinical indications listed below. (The number of such approvals will be monitored by facility and by referring consultant).

***All relevant documentation must be provided with the request.***

11. Specific Clinical indication for PET scan – please tick one of the following:

Clinical Indication	Clinical Indication Description	Please Tick Appropriate Indication
<b>Brain</b>		
507	<b>Primary Brain Tumour</b> - Differentiation of radiation necrosis from tumour recurrence	
508	<b>Primary Brain Tumour</b> - Differentiation of progression and pseudoprogression within 3 months of completion of temozolamide therapy	
<b>Breast Cancer</b>		
401	<b>Stage IIIC, T4 and/or N2 breast cancer</b> - Staging only when standard imaging studies (bone scan and CT scans) are equivocal or suspicious	

Clinical Indication	Clinical Indication Description	Please Tick Appropriate Indication
402	<b>Recurrent breast cancer</b> - Re-staging of when either known or strongly suspected (as outlined in specific condition 2D (iii) above) when other imaging studies (CT or MRI scans) are equivocal or suspicious	
403	<b>Locally advanced or metastatic breast cancer</b> - Monitoring response to treatment for only when other imaging studies (bone scan and CT or MRI scans) are shown to be equivocal	
<b>Colo-rectal &amp; Anal Carcinoma</b>		
391	<b>Invasive non-metastatic colo-rectal cancer</b> - Staging when abnormalities ( $\geq$ 1cm) are identified on CT or MRI scan that are considered to be suspicious but inconclusive for metastases, provided further delineation will change management	
392	<b>Metastatic colo-rectal cancer</b> - Staging of, only if prior anatomic imaging (CT or MRI) indicates the presence of potentially surgically curable metastatic disease	
393	<b>Colo-rectal cancer</b> - Re-staging in the scenario of an elevated CEA with negative or equivocal good-quality CT scans	
502	<b>Metastatic colo-rectal cancer</b> - Re-staging of only if prior anatomic imaging (CT or MRI) indicates the presence of potentially surgically curable metastatic disease	
503	<b>Rectal cancer</b> - re-staging of suspicious pre-sacral mass post-treatment	
504	<b>Anal carcinoma</b> - Staging	
<b>Gynaecological Malignancy</b>		
407	<b>Cervical cancer</b> - Staging or re-staging	
408	<b>Ovarian cancer</b> - Re-staging	
510	<b>Endometrial cancer</b> - Staging of high-risk - defined as stage 1B G3 with endometrioid type and all stages with non-endometrioid type	
511	<b>Vulval cancer</b> - Staging for assessment of extent of metastatic disease or evaluation of equivocal nodes	
<b>Head &amp; Neck Cancers</b>		
399	<b>Stage III and IV head and neck cancers</b> - Staging	
400	<b>Head and neck cancer</b> - Re-staging of, post completion of chemotherapy and/or radiotherapy	
<b>Hepatobiliary Cancer</b>		
418	<b>Hepatobiliary cancer</b> - Staging other than hepatocellular cancer	
<b>Lung Tumours</b>		
389	<b>Solitary Pulmonary Nodule</b> Characterisation of an indeterminate solitary pulmonary nodule (SPN) $\geq$ 0.8cm and $<$ 4cm. <i>Note: Benefit is only provided when it is medically necessary to distinguish between a malignant primary lesion of lung and a benign lesion and not when there is or has been a diagnosis of a primary cancer elsewhere</i>	
499	<b>Solitary Pulmonary Nodule</b> Characterisation of an indeterminate solitary pulmonary nodule $>$ 4cm, following discussion with MDT, when nodule is inaccessible to biopsy or biopsy has been unsuccessful or patient not medically fit to undergo biopsy.	
539	<b>Lung nodule</b> - suspicious for cancer where the number of nodules is not greater than 2 and when recommended by an MDT (as defined at 2G above). Note: Excludes pure ground glass nodules.	
390	<b>Non-small cell lung cancer</b> - Staging	
500	<b>Non-small cell lung cancer</b> - Re-staging of post-induction therapy of Stage IIIA, N2 to exclude disease progression or interval development of metastatic disease	

Clinical Indication	Clinical Indication Description	Please Tick Appropriate Indication
410	<b>Small Cell Lung Cancer - Staging</b>	
<b>Lymphoma</b>		
394	<b>Hodgkin's or non-Hodgkin's lymphoma – Staging</b>	
395	<b>Hodgkin's or non-Hodgkin's lymphoma – Re-staging</b>	
<b>Malignant Skin Tumours</b>		
505	<b>Stage II melanoma - Staging when a sentinel node biopsy cannot be performed</b>	
506	<b>Stage III melanoma - Staging prior to or post resection</b>	
396	<b>Stage IV malignant melanoma - Staging</b>	
397	<b>Local recurrence of melanoma - Re-staging</b>	
545	<b>Metastatic melanoma – Re-staging when resection is being considered</b>	
546	<b>Merkel Cell Carcinoma - Staging, re-staging, and assessment of treatment response when CT/MRI is inconclusive</b>	
<b>Mesothelioma</b>		
501	<b>Mesothelioma - Staging of medically fit patients prior to planned surgery</b>	
<b>Multiple Myeloma</b>		
412	<b>Multiple myeloma - Staging and re-staging</b>	
<b>Neuroendocrine Tumours (NET)</b>		
416	<b>Neuro-endocrine tumours of unknown primary site - Staging</b>	
608	<b>Gallium GA68-dotatate for diagnosis, staging, re-staging and monitoring</b>	
<b>Neuroblastoma</b>		
509	<b>Neuroblastoma - Staging where MIBG imaging is negative</b>	
<b>Occult Primary</b>		
415	<b>Occult primary - staging in carcinomas of unknown primary site in tumours of indeterminate histology where the primary site cannot be identified by endoscopy or other imaging (CT, MRI) and where loco-regional therapy (i.e. surgery or radiotherapy) for a single site of disease is being considered</b>	
<b>Oesophageal and Oesophago-Gastric Carcinoma</b>		
398	<b>Oesophageal cancer - Staging and re-staging</b>	
411	<b>Gastric cancer - Staging and re-staging</b>	
<b>Pancreatic Cancer</b>		
417	<b>Pancreatic Cancer - Staging</b>	
<b>Paraneoplastic Syndrome</b>		
900	<p><b>Classical para-neoplastic neurological syndromes - Evaluation when all other screening test results are negative. The request must be supported by a detailed medical report and recommendation from either:</b></p> <ul style="list-style-type: none"> <li>• An MDT involving a consultant neurologist recognised by Vhi, or two consultant neurologists recognised by Vhi.</li> <li>• Benefit in these circumstances is limited to a single scan, and any further scans will not be eligible for benefit unless they satisfy one of the specific clinical indications listed elsewhere</li> </ul>	
<b>Prostate Cancer</b>		
547	<b>Prostate Cancer - F-18 sodium fluoride staging in recurrent prostate cancer after bone scan for further evaluation of equivocal findings</b>	

Clinical Indication	Clinical Indication Description	Please Tick Appropriate Indication
950	<b>GA-68 PSMA scan</b> - for detection of recurrent prostate cancer in patients who have had radiotherapy or prostatectomy and who have evidence of biochemical recurrence with a PSA level of 0.2 to 10 ng/ml	
1025	<b>F-18 (Flourine) PSMA scan</b> - for detection of recurrent prostate cancer in patients who have had radiotherapy or prostatectomy and who have evidence of biochemical recurrence with a PSA level of 0.2 to 10 ng/ml	
<b>Sarcoma and Gastrointestinal Stromal Tumours (GIST)</b>		
413	<b>Osteosarcoma and Ewing's sarcoma family of tumours</b> - Staging and re-staging	
414	<b>Soft tissue sarcomas (including GIST)</b> - Staging and re-staging	
<b>Thymic Tumours</b>		
419	<b>Thymomas and thymic cancer</b> – Staging	
<b>Thyroid Neoplasia</b>		
404	<b>Anaplastic thyroid cancer</b> - Staging	
405	<b>Papillary or Hurthle cell carcinoma</b> - Re-staging when previously treated by thyroidectomy and radio-iodine ablation with an elevated serum Tg > 10ng/ml and stimulated Tg > 2-5 ng/ml and negative I-131 imaging	
406	<b>Medullary carcinoma</b> - Re-staging of when serum calcitonin levels are > 500pg/ml	
<b>Urological Malignancies</b>		
409	<b>Seminoma</b> - Re-staging post chemotherapy in the situation of (a) a residual mass > 3cm and normal markers, or (b) rising tumour markers with negative or equivocal CT scan	
512	<b>Penile cancer</b> - Staging of for assessment of extent of metastatic disease or evaluation of equivocal nodes	
<b>Uncovered Oncology Indications</b>		
951	<b>Uncovered Oncology Indications (as set out in Ground Rule 2.G. and with a medical report confirming all of the following and listing names of attendees at the MDT)</b>	
	All other relevant investigation have failed to resolve management issues Yes <input type="checkbox"/> No <input type="checkbox"/>	
	Recommended by MDT Yes <input type="checkbox"/> No <input type="checkbox"/> Date of MDT: _____	
	Medical Report attached (as defined at 2G above). Yes <input type="checkbox"/> No <input type="checkbox"/>	
<b>Non Oncology Indications</b>		
420	Pre-surgical evaluation of patients with refractory seizures for the purpose of localisation of a focus of the refractory seizure activity	

### 3. Specific Conditions applicable to the following Non-Oncology Indications

Prior approval is subject to receipt of documentation confirming the following:

- (a) A comprehensive evaluation by a Vhi registered consultant neurologist or geriatrician with a special interest in neurodegenerative disorders has been performed and which includes neuropsychological testing. (Note; Neuropsychological testing involves extensive evaluation of multiple cognitive domains including attention, verbal memory, spatial memory, orientation, language, executive function, calculations, mental flexibility and conceptualisation via multiple tests and interviews.); And
- (b) There has been discussion and agreement with a Vhi registered consultant radiologist with regard to PET/CT imaging for these indications; And

(c) For indications 549 and 550, that early diagnosis will have a significant impact on patient management (details of how management will be altered as a result of the scan to be provided with the request).

548	Differentiation of Alzheimer's dementia from frontal temporal dementia	
549	Diagnosis of neuro-degenerative disease in patients with atypical presentations (language disturbance, visuospatial deficits, apraxia or behavioural issues) or excessively young onset presentations when neuropsychological testing, MRI and CT are inconclusive	
550	Differentiation of progressive supra-nuclear palsy, cortical basal degeneration or multisystem atrophy from Parkinson's disease	

12. Date of patient's first consultation regarding this particular problem
13. Nature of symptoms
14. Duration of symptoms prior to first consultation
15. Have there been previous episodes of this or of a related illness? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, please give details
16. Please specify all investigations performed and provide copies of the results (and specifically histology reports and in the case of SPN, the CT report) that support the final diagnosis <b>Investigations:</b> <b>Findings:</b>
17. Has an MRI been performed? Yes <input type="checkbox"/> No <input type="checkbox"/> <b>If yes, please provide copy of result</b>
18. Has a CT been performed? Yes <input type="checkbox"/> No <input type="checkbox"/> <b>If yes, please provide copy of result</b>
19. In the case of suspected recurrent disease has conventional imaging or other investigations failed to confirm a recurrence? Yes <input type="checkbox"/> No <input type="checkbox"/>
20. Will CT, MRI, ultrasound or other investigations identify the stage of the disease? Yes <input type="checkbox"/> No <input type="checkbox"/>

**If no, will the PET scan both replace their use and alter the clinical management of the patient?**

Yes  No

21. Based on investigations to date and in the absence of a PET scan, please specify current proposed future management of the patient

### **B. CERTIFICATION**

I hereby certify that the PET scan was necessitated by the illness described by me above and that I wish the decision to be communicated to me by (please tick one box only)

Email only  Email address: \_\_\_\_\_

Post only

Please note if you tick email we will not communicate the decision to you by post.

**Consultant's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Vhi Doctor Code:** \_\_\_\_\_

### **C. PRE-CERTIFICATION DECISION – FOR COMPLETION ONLY BY VHI'S MEDICAL ADVISORS**

**Is the PET scan eligible for benefit in accordance with Vhi Rules?**

Yes  No

**Signed On Behalf of Vhi Insurance:** \_\_\_\_\_

**Date:** \_\_\_\_\_

### **DATA PROTECTION**

The Vhi Group ("Vhi") will use the personal data provided in this form for the provision and administration of health insurance products and related services. Please see Vhi's Data Protection Statement, which contains details of the personal data we collect and how we use that personal data. The Data Protection Statement can be found at vhi.ie or should you wish to contact us on (056) 444 4444, you can request a hard copy.

If you have any queries in relation to the processing of your personal data, we have appointed a data protection officer that you can contact as follows: by post at Data Protection Officer, Vhi, Vhi House, Lower Abbey Street, Dublin 1 or by email at dataprotection@vhi.ie